



# The 1st **Ketogenic Dietitians' Forum:**

Current Nutritional Therapies & Practical Applications

## Official Program

**MAY 20-22, 2007**

Westin Waltham Hotel • Waltham, Massachusetts

**NUTRICIA**  
North America



**The 1st Ketogenic Dietitians' Forum:**  
Current Nutritional Therapies & Practical Applications



7:00 – 9:00 pm  
Eden Vale Foyer

Welcome Wine and Cheese Reception  
Casual Attire

## Welcome

*Over the next two days, learn about the latest advances in the ketogenic diet as well as the newer approaches by attending lectures, participating in learning sessions, reviewing case presentations and more.*

### **MONDAY, MAY 21, 2007:**

8:00 am – 12:30 pm: Formal Program  
1:30 pm – 4:10 pm: Learning Sessions

### **TUESDAY, MAY 22, 2007:**

8:00 am – 9:45 am: Formal Program  
9:45 am – 12:30 pm: Case Presentations



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7:00 am – 8:00 am      Registration – Eden Vale Foyer  
Breakfast Buffet – Eden Vale Ballroom A

## General Session: The Traditional Ketogenic Diet and Newer Approaches Eden Vale Ballroom B

8:00 am – 8:15 am      Welcome and Opening Remarks

8:15 am – 8:45 am      The Charlie Foundation  
Jim Abrahams, Founder/President

8:45 am – 9:30 am      Advances in the Traditional Ketogenic Diet, Beth Zupec-Kania, RD, CD;  
Director of Programs, The Charlie Foundation; Ketogenic Seminars, Owner;  
Ketogenic Diet Consultant to Children's Hospital of Wisconsin, Milwaukee, WI

9:30 am – 10:15 am      MCT Oil Ketogenic Therapy, Vanessa Aldaz, MPH, RD; Rady Children's Hospital, San Diego, CA

10:15 am – 10:30 am      Break and Exhibits – Eden Vale Foyer

10:30 am – 11:15 am      Modified Atkins Approach  
Zahava Turner, RD, Hannah Rowley, RD; Johns Hopkins Hospital, Baltimore, MD

11:15 am – 12:00 pm      Low Glycemic Index Therapy  
Heidi Pfeifer, RD, LDN; Massachusetts General Hospital for Children, Boston, MA

12:00 pm – 12:30 pm      Panel Questions & Answers

12:30 pm – 1:30 pm      Lunch & Exhibits – Eden Vale Ballroom A

## Learning Sessions Eden Vale Ballroom C

1:30 pm – 4:10 pm      Learning Sessions: Speakers rotate between three groups, groups assigned at Registration  
(see Learning Session chart on next page)

### Learning Sessions

- Dietitians' Role as Coordinator of Diet Therapy for Intractable Epilepsy; Karen Amorde-Spalding, MS, RD, CSP, Children's Hospital Oakland, Oakland, CA
- Interpreting Lab Values and Managing Adverse Effects; Beth Zupec-Kania, RD, CD
- Vitamin and Mineral Supplementation; Linda Tonyes, St. Christopher's Hospital for Children, Philadelphia, PA

6:00 pm – 7:00 pm      Reception/Cocktail Hour – Eden Vale Foyer

7:00 pm – 10:00 pm      Group Dinner – Eden Vale Ballroom B

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**Monday Learning Sessions**

GROUP	1	2	3
<b>Room</b>	<b>Eden Vale C1</b>	<b>Eden Vale C2</b>	<b>Eden Vale C3</b>
1:30 – 2:10 pm	Dietian's Role as Coordinator of Diet Therapy for Intractable Epilepsy	Interpreting Lab Values and Managing Adverse Effects	Vitamin and Mineral Supplementation
2:15 – 2:55 pm	Interpreting Lab Values and Managing Adverse Effects	Vitamin and Mineral Supplementation	Dietian's Role as Coordinator of Diet Therapy for Intractable Epilepsy
2:55 – 3:30 pm	Break	Break	Break
3:30 – 4:10 pm	Vitamin and Mineral Supplementation	Dietian's Role as Coordinator of Diet Therapy for Intractable Epilepsy	Interpreting Lab Values and Managing Adverse Effects



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<b>7:00 am – 8:00 am</b>	Breakfast Buffet – Eden Vale Ballroom A
<b>8:00 am – 8:30 am</b>	Matthew's Friends – UK Emma Williams, Founder/Chief Executive
<b>8:30 am – 8:45 am</b>	Living with the Diet – personal story Kristen Bach
<b>8:45 am – 9:45 am</b>	Management of Infants Zahava Turner, RD
<b>9:45 am – 10:05 am</b>	Case Presentation Carnitine Supplementation Carrie Loughran, RD, CSP, LD; Oregon Health and Science University, Portland, OR
<b>10:05 – 10:30 am</b>	Break and Exhibits – Eden Vale Foyer
<b>10:30 am – 10:50 am</b>	Case Presentation Treatment of Complex 1 Mitochondrial Disease Jennifer Fabe, Msc, RD; McMaster Children's Hospital, Hamilton, ON
<b>10:50 am – 11:10 am</b>	Case Presentation Managing the Special Needs Child Heidi Au-Young, MS, RD, CSP; Sutter Children's Center, Sacramento, CA
<b>11:10 am – 11:30 am</b>	Case Presentation Transition from Enteral to Oral Feeding Amy Helms, MS, RD, LD, CNSD; Medical College of Georgia, Children's Medical Center, Augusta, GA
<b>11:30 am – 12:00 pm</b>	Panel Questions & Answers
<b>12:00 pm – 12:30 pm</b>	Wrap Up/Evaluations/Survey/CPEU Certificates

*Please Note: A travel snack kit will be provided to you at the end of the Forum – Eden Vale Foyer*