

KETO UNIVERSITY 2023

SEPTEMBER 15-16, 2023 • SAN DIEGO, CALIFORNIA

PRELIMINARY PROGRAM

Fundamental Track		Advanced Track	
	Friday, September 15, 2023	Friday, September 15, 2023	
11:00 AM	Check In, Pre-Test, Light Lunch		
11:45 AM	Kick Off/Ice Breaker		
12:00 PM	Overview & History of the Medical Ketogenic Diet (KD)	Hot Topics in & Latest Research on the Medical Ketogenic Diet (KD)	
12:30 PM	KD Calculations – Hands-On		
1:00 PM			
1:30 PM			
2:00 PM	BREAK		
2:30 PM	KetoDietCalculator: Part 1	Use of the KD in Select Relevant Genetic Disorders (incl Glut-1 & PDH)	
3:00 PM			
3:30 PM	Ask the Experts		
4:00 PM	BREAK		
4:30 PM	Hands-On Cooking Fun with Chef Rachel		
5:00 PM			
5:30 PM			
6:00 PM	END OF DAY 1		

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	Saturday, September 16, 2023	Saturday, September 16, 2023
7:00 AM	BREAKFAST	
8:00 AM	KetoDietCalculator: Part 2	
8:30 AM	Side Effects of the KD & Sick Day Management	KD for Adults: What Do We Know & Best Practices for Your Adult Patients
9:00 AM		
9:30 AM	Case Studies: How to choose the Best KD Option for Your Patients	TPN Usage in the KD
10:00 AM		
10:30 AM	BREAK	
11:00 PM	Which Supplements Do I Need for my KD Patients & How Do I Interpret These Labs?	KD in Status Epilepticus & PICU
11:30 AM		
12:00 PM	Meal Planning & Practical Applications of the KD	Complicated Cases of Patients on the KD - Share & Discuss Your Case Reports
12:30 PM		
1:00 PM	LUNCH	

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	Saturday, September 16, 2023	Saturday, September 16, 2023
2:00 PM	Basics of Adult KD Management	Your Patient's Specific Dietary Requirements: Allergy & Blenderized Diet Management
2:30 PM		TBD
3:00 PM	Keynote Address	
3:30 PM		
4:00 PM	Wrap Up & Post-Test	
4:30 PM	BREAK	
5:00 PM	Reception: Poster & Best Practice	
5:30 PM		
6:00 PM		
6:30 PM	END of TRAINING COURSE	

For questions, please contact Ulrike Reichert, Director Medical and Scientific Affairs Metabolics/Keto at Ulrike.Reichert@Nutricia.com or via mobile at 301-512-8210.

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